

DisAbuse *International Conference*

September 27th 2019

FMD, Rome

Anti Bullying Centre, Dublin City University (DCU)

Prof. Mona O'Moore





Erasmus+

This project is funded by the European Union.

www.disabuse.eu

**DisAbuse – Finding A
Way To Empower SEN/D
Individuals against
Disablist Bullying**

← → ↻ ⓘ Not secure | disabuse.eu ☆ | L

STOP DisAbuse
TACKLING DISABLIST BULLYING

SIGN IN ENGLISH

HOME ABOUT PARTNERS CONTACT NEWS WHAT IS? RESOURCES PUBLICATIONS 🔍

DISABUSE - Disablist Bullying -
Experience into Change,
Providing the Right
Support Services

So...What Is DisAbuse?



DisAbuse is a 2 year project that is part of the Erasmus Plus Programme, Key Action 2 "Cooperation for innovation and the exchange of good practices" involving 5 partners from 4 European countries:



From Ireland
Dublin City University &
Institute of Art, Design and Technology



From Italy
Fondazione Mondo Digitale



From Portugal
ICSTE-IUL, Instituto Universitário de
Lisboa



AND From Spain
UM-The University of Murcia, Spain

DisAbuse Aims..

To empower.....

- young people (15+) and adults with Special Educational Needs and Disabilities (SEN/D)
- And their support services / care workers and teachers

To educate about and take charge around the issue of disablist bullying to help prevent and intervene in its happening.



How?

By drawing on the **direct input and experiences of people with SEN/D**, alongside international research and best practice for educating about disablist bullying and **utilising techniques such as...**

- **eLearning**
- **partnered learning**
- **peer learning**
- **LEGO Serious Play™**



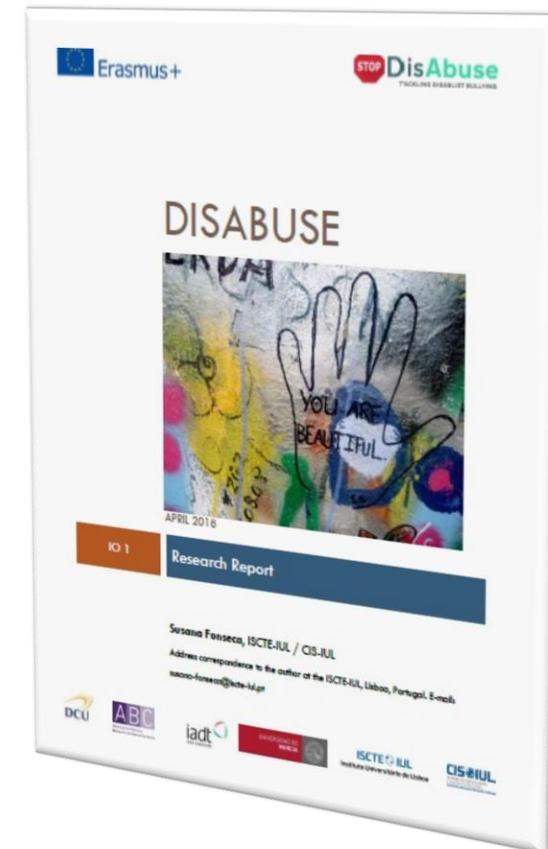
DisAbuse has created...

DisAbuse Erasmus Project 4 Activities - Activity 1

A country report to identify strengths and weaknesses cross-nationally:

- Research**
- Prevalence**
- Best Practice and**
- Legislative Practice.**

Co-ordinated by ISCTE-IUL, University of Lisbon.



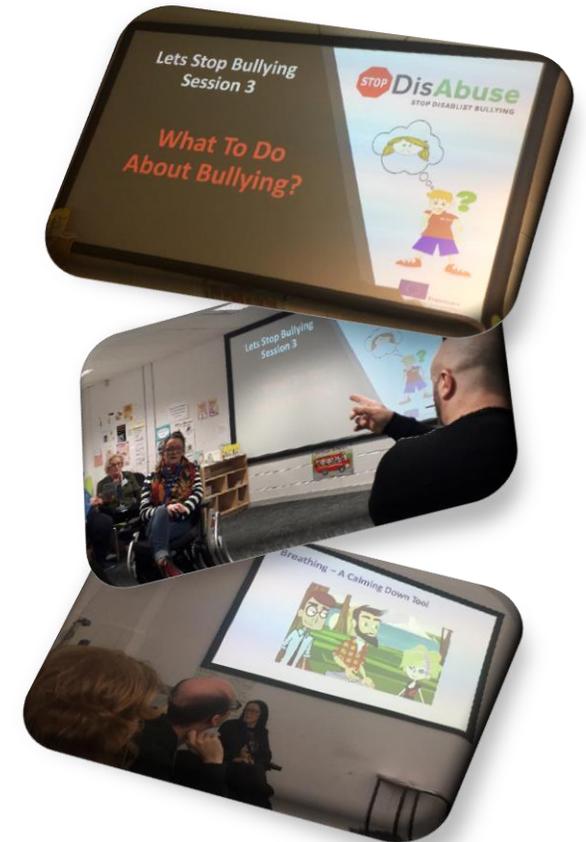
DisAbuse Erasmus Project – Activity 2

To develop Learning /Training Course for use cross-nationally to address disablist bullying.

- Guidelines for Educators/Professionals
- Skills for responding and dealing with bullying
- Socialization Skills—self-help skills for SEND individuals

Course to be **piloted and evaluated at client and professional level.**

Co-ordinated jointly by DCU and IADT.



DisAbuse Erasmus Project – Activity 3

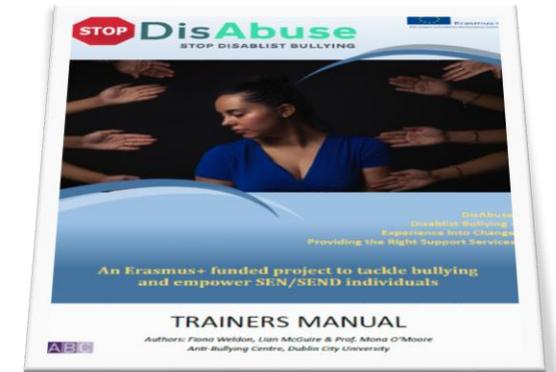
To develop a **Questionnaire for pre and post-testing** to ascertain the effectiveness of the resources for **both SEN/SEND individuals and Educators.**

Co-ordinated by University of Murcia, Spain.



DisAbuse Erasmus Project – Activity 4

- ❑ To translate resources into a multi-media format.



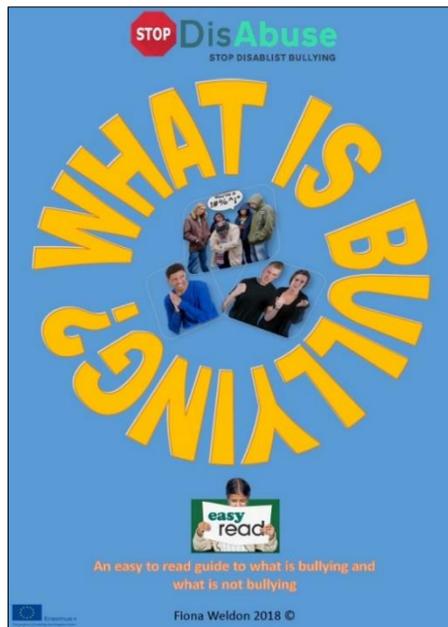
- ❑ An online comprehensive repository on **disablist bullying** for use cross-nationally.

*Co-ordinated by DCU, IADT and
Fondazione Mondo Digitale*

Hosted on www.disabuse.eu which will be available to both people with SEN/D, and those who educate or work with them..

Easy Read Materials

Resources and handouts to accompany and parallel the modular content



STOP DisAbuse
STOP DISABLIST BULLYING

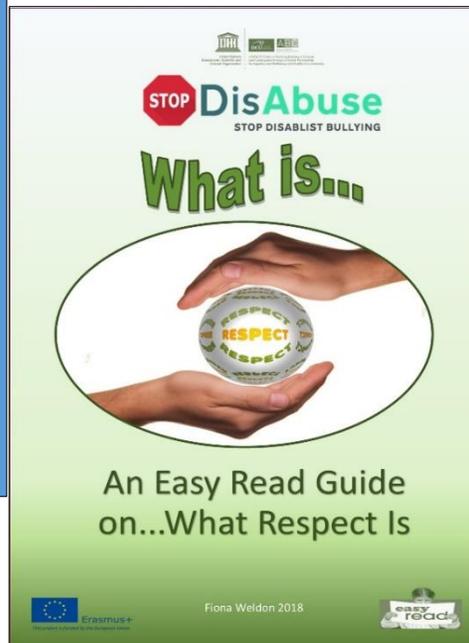
WHAT IS BULLYING?

easy read

An easy to read guide to what is bullying and what is not bullying

Fiona Weldon 2018 ©

This cover features a blue background with a large yellow circular graphic containing the text 'WHAT IS BULLYING?'. Inside the circle, there are small images of people. At the bottom, there is a small 'easy read' logo and the text 'An easy to read guide to what is bullying and what is not bullying'. The bottom left corner has the Erasmus+ logo and the text 'Fiona Weldon 2018 ©'.



STOP DisAbuse
STOP DISABLIST BULLYING

What is...

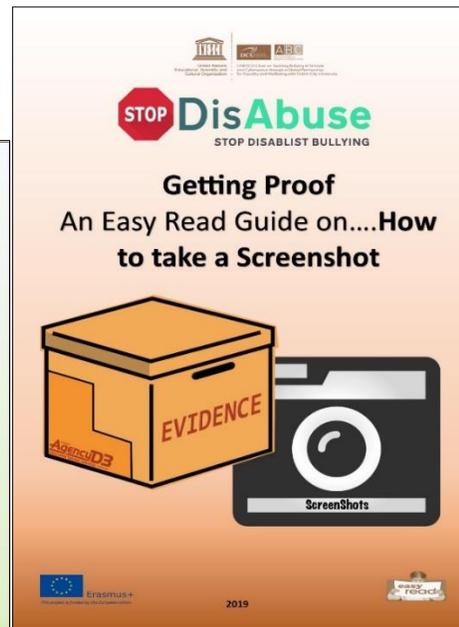


RESPECT

An Easy Read Guide on...What Respect Is

Fiona Weldon 2018

This cover has a light green background. At the top, it says 'STOP DisAbuse STOP DISABLIST BULLYING'. Below that is the title 'What is...' in large green letters. In the center, there is a circular image of two hands holding a globe with the word 'RESPECT' written on it. Below the image is the word 'RESPECT' in large green letters. At the bottom, it says 'An Easy Read Guide on...What Respect Is' and 'Fiona Weldon 2018'. There are logos for Erasmus+ and 'easy read' at the bottom.



STOP DisAbuse
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Getting Proof

An Easy Read Guide on....How to take a Screenshot



Erasmus+ 2019

This cover has an orange background. At the top, it says 'STOP DisAbuse STOP DISABLIST BULLYING'. Below that is the title 'Getting Proof' in bold black letters, followed by 'An Easy Read Guide on....How to take a Screenshot'. In the center, there is an illustration of a brown cardboard box labeled 'EVIDENCE' and a black camera labeled 'ScreenShots'. At the bottom, there is the Erasmus+ logo and the year '2019'.



STOP DisAbuse
STOP DISABLIST BULLYING

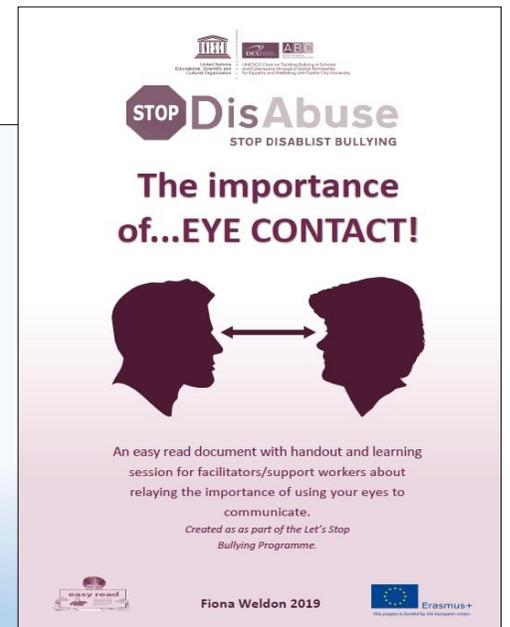
Instagram

Easy Read Guide to Reporting being Hacked, Impersonated or Bullied on....



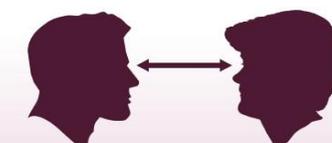
Erasmus+ 2019

This cover has a light blue background. At the top, it says 'STOP DisAbuse STOP DISABLIST BULLYING'. Below that is the title 'Instagram' in large, stylized black letters. Underneath the title is the subtitle 'Easy Read Guide to Reporting being Hacked, Impersonated or Bullied on....'. In the center, there is a large Instagram logo. At the bottom, there is the Erasmus+ logo and the year '2019'.



STOP DisAbuse
STOP DISABLIST BULLYING

The importance of...EYE CONTACT!



An easy read document with handout and learning session for facilitators/support workers about relaying the importance of using your eyes to communicate.

Created as part of the Let's Stop Bullying Programme.

Fiona Weldon 2019

This cover has a light purple background. At the top, it says 'STOP DisAbuse STOP DISABLIST BULLYING'. Below that is the title 'The importance of...EYE CONTACT!' in bold black letters. In the center, there is an illustration of two purple silhouettes of heads facing each other with a double-headed arrow between them. Below the illustration is the text 'An easy read document with handout and learning session for facilitators/support workers about relaying the importance of using your eyes to communicate.' and 'Created as part of the Let's Stop Bullying Programme.'. At the bottom, there is the text 'Fiona Weldon 2019' and the Erasmus+ logo.

The 6 Modules Created :

- 1 What Bullying Is And Is Not
2. Dealing With CyberBullying
3. Understanding Bystanders, Bullies & Victims
4. What are Empathy & Respect
5. What To Do About Bullying?
6. Staying Strong Against Bullying

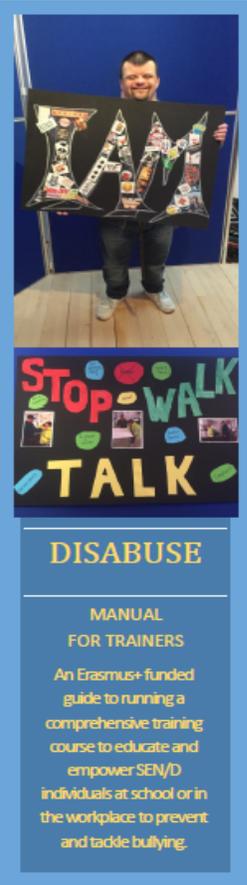


Training Manual provides a step by step guide for trainers

1. What they themselves need to know

2. Outline of Training Session to follow

| CONTENTS | |
|--|------|
| A SIX MODULE TRAINING COURSE | |
| CHAPTER | PAGE |
| Trainer Intro Page by Fiona - To be Added | |
| What Bullying Is & What It Is Not | 1 |
| What you need to know | 1 |
| Outline of Training Session | 3 |
| Dealing with Cyberbullying | 8 |
| What you need to know | 8 |
| Outline of Training Session | 9 |
| Understanding Bystanders Bullies & Victims | 11 |
| What you need to know | 11 |
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Evaluation

Questionnaire DisAbuse - Secondary Students & Adults

This questionnaire will be used to help us find out what you know about bullying and what you do not know. It will be used again after you are finished the training. This is to find out if you have learned anything new about bullying. Please answer the below questions as best you can and do not worry if you get support if you need it. You can find out more about the DisAbuse Project on our easy read file.

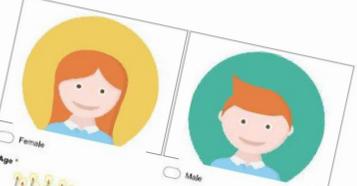
*** Required**

1. 1) Sex *
Mark only one oval.

Female Male

2. 2) Age *
Mark only one oval.

Between 15 and 17
 18 - 20
 21 - 22
 +23



Questionnaire DisAbuse - Professionals and Teachers

This questionnaire belongs to the DisAbuse project funded by the European Union and is used to evaluate the course. The main objective of this course is to learn about your experience of harassment and cyberbullying. Please also complete sincerely as it is anonymous and there are no good or bad answers, just answer from your own experience.

*** Required**

1. 1) Sex *
Mark only one oval.

Female
 Male

2. 2) Age *

3. 3) What profession? *

4. 4) Years of experience *

5. 5) How many students do you have with SEN/disabilities?

Attitudes, personal opinion
Answer the following questions based on your level of disagreement (1) and agreement (5).
Mark only one oval.

6. 6) Think that bullying is ok *
Strongly disagree 1 2 3 4 5 Strongly agree

7. 7) Try to avoid bullying when I see it *
Mark only one oval.

Strongly disagree 1 2 3 4 5 Strongly agree

- Three Modules were Piloted across European Partner Countries
- Participants **evaluated both pre and post piloting**, for learning impact of the materials.
- Results have been compiled to **be delivered by University of Murcia, at this International Conference on Disablist Bullying & DisAbuse**